



... DETOX ...

According to an EWG's analysis



1 IN 5

of all products contain chemicals linked to cancer



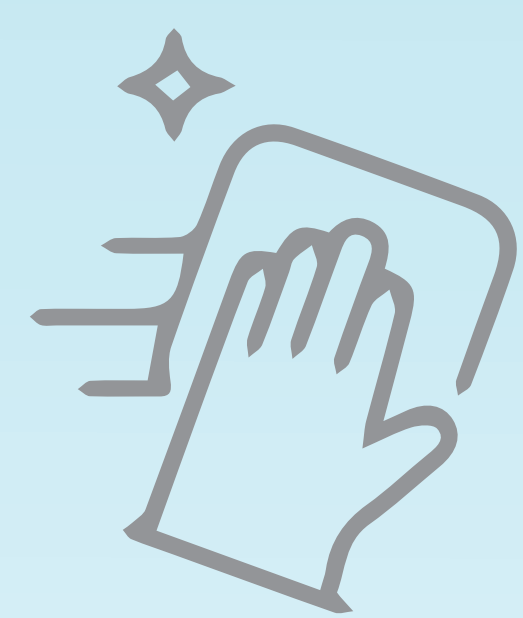
of all products contain ingredients that commonly contain hazardous impurities



of all products contain penetration enhancers that help deliver ingredients deeper into the skin



Take these 6 steps to separate yourself from products that may be harmful to your health.



SAFER CLEANING

Eliminate unnecessary toxic products by replacing harmful household items with safer alternatives.



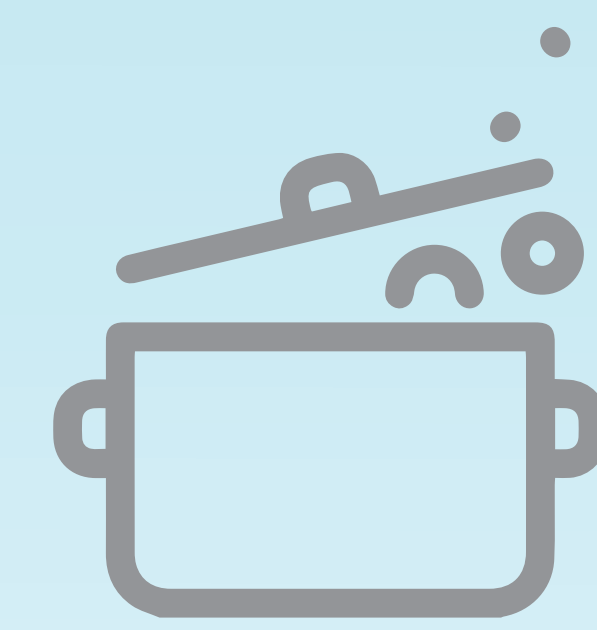
SAFER EATING

Consume high quality, nutrient-dense foods. Choose local, seasonal, and organic produce whenever possible.



SAFER DRINKING

Drink plenty of safe, clean water. Take steps to educate yourself on the pollutants in your city's water and filter them out.



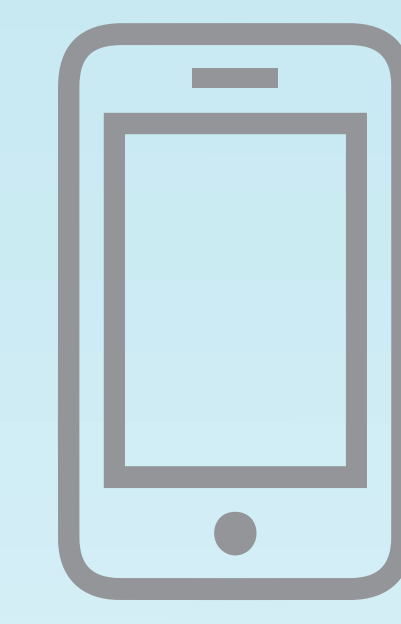
SAFER COOKING

Practice healthier cooking by choosing methods that are low-char, such as steaming. Replace non-stick cookware with cast-iron, stainless steel, or glass to avoid consumption of toxins.



SAFER STORING

Practice healthier storing methods by replacing plastic food storage containers with glass.



SAFER ENVIRONMENT

Keep your cell phone away from your body and take steps to reduce its use when able.